

Suggestions for a
7 day program
on what to do on the Faroe Islands

Summer

Day 1 – The North part of Streymoy

Orientation – use the first hours of the day to orientate about the city, the islands, infrastructure, fees etc. Feel free to visit the Tourist Information Centre located in the city for suggestions, guidance and recommendation. Visit Tórshavn is open from 8.00 – 17.30.

12.00 – Lunch in one of several great restaurants in the heart of Tórshavn.

Restaurant Hafnia offers a lunch buffet from 11.30 – 14.00.

Hvonn offers light meals, salads and mainly Italian cuisine

14.00 – Drive up north to visit the villages of Tjørnuvík and Saksun. The villages are approximately 50 km away from Tórshavn. On the way north it is recommended to take the mountain road out of Tórshavn. This was the main road out of Tórshavn until the new coastal road came with the tunnel to Kollafjørður. On the way drive north you should stop and see the panoramic view

of Sornfelli, which is 749m high and has unforgettable view over the islands

16.00 – The village of Saksun. One of the most depicted and scenic villages in the Faroe Islands, which is known for the heritage museum Dúvugarðar and the round bay. It used to be a natural harbour, however today the bay is full of sand and only accessible when the tide is low. The tide changes on a daily basis, but visit the Tourist Information Centre for information about when it is possible to walk on the sand to the seashore.

17.00 – Tjørnuvík, the Northernmost village in Streymoy. On the way to Tjørnuvík make a stop at Fossá, which is the highest waterfall in the Faroe Islands and it is located between the villages of Hvalvík and Haldarsvík. Upon arrival in Tjørnuvík note the natural Greek theatre which is created by the mountains as well as the sea stacks Risin and Kellingin, which according to the tales made an attempt to tow the Faroe Islands to Iceland.

19.00 – Dinner in Etika. Try the amazing Japanese cuisine based on fresh Faroese fish.

Day 2 - Mykines – The Paradise of Birds

Mykines is the westernmost island in the Faroe Islands and is famous throughout the world for its rich birdlife, and it is often said to be the pearl of the Faroes. Mykines has regular transport connections by sea and by helicopter.

Once arrived in Mykines, you will at close hand see the impressive colony of gannets that only breed in Mykineshólm as well as the charming puffins with the colorful beak – typically with a fish in it. In order to get to Mykineshólm, you must cross a footbridge over 35 meter deep gorge that connects the island of Mykines to Mykineshólm. The walk is about 1 hour from the village following a footpath. The lighthouse built in 1909 is situated in the most westerly point of the Faroe Islands.

The island is ideal for the authentic experience of the

bird life, photo opportunities as well as interesting for ornithologists. There is a cafeteria – Mykinesstova - on the island that serves food and refreshments during the summer.

During the summertime you have 3 options getting to Mykines. The options are scheduled boat service, helicopter and on a pre-arranged tour with guide.

Scheduled boat service

9.00 – Drive from Tórshavn towards Sørvágur which is located on the island of Vágar close by the airport. The boat service departs Sørvágur every day at 10.20 and the crossing takes approximately 45 minutes. The returning boat departs Mykines at 17.05 Monday-Sunday. The price is DKK 120 for the ticket.

Remember to book the boat in advance as there is high demand during the summertime to visit the island. Booking on www.mykines.fo.

Also, if you want to hike to the islet, remember to buy the hiking admission on www.hiking.fo

The drive back to Tórshavn is approximately 1 hour. Remember to pay the fee for using the subsea tunnel. You can do this at the Effo gas station in Kollafjørður. The price is DKK 100.

Helicopter one way and return by boat

Enjoy the spectacular view from the helicopter while flying through the fjord Sørvágsfjørður. The flight is approximately 10 minutes. The helicopter service to Mykines runs Mondays, Wednesdays and Fridays (10.15), and Sundays (12.20PM). Departure is from the airport. Check in is 20 minutes prior to departure and the price is DKK 145. Booking: Atlantic Helicopters +298 341050.

The returning boat departs Mykines at 17.05 (read more above)

Day tour to Mykines with guide from Vestmanna

From the 25th of June to 3rd of August there are arranged day tours from Vestmanna to Mykines. You will be taken from Vestmanna to the Vestmanna Birdcliffs and Grottos before continuing

to Mykines and ashore with a local guide to discover the island.

The tour starts and ends in Vestmanna and is Saturday and Tuesday at 9.00. The price is DKK 765. Book the tour at Visit Tórshavn. Please note that this tour can be cancelled due to bad weather or too few bookings.

After breakfast at your hotel drive up north again this time to Vestmanna. The drive to Vestmanna is approximately 40 minutes, and again it is recommended to take the mountain one or both ways for the amazing and changing scenery.

20.00 – Enjoy a great dinner buffét at Hotel Føroyar, with a great view over Tórshavn.

Book a table +298 317500.

Day 3 - Visit the historical island Sandoy

Gamlarætt is located about 10 minutes from Tórshavn, on the west side of Streymoy and is the ferryport to the islands of

Sandoy and Hestur. Enjoy breakfast at your hotel and take the ferry Teistin from Gamlarætt at

9.45 – remember to line up in the queue with the car at least 1 hour before departure. The system is run on a first serve first go basis. You pay the ferry on the way back. The crossing is 25 minutes.

You arrive to the latest settlement on the island, Skopun. From there drive towards Skálavík. The distance is about 20 km. On the way make stops by the several lakes and enjoy the view to the southern islands of Skúvoy, St. Dímun, Lítla Dímun and Suðuroy.

12.00 – Lunch in Hotel Skálavík, in Skálavík

13.00 – Visit the village of Húsavík. Experience the medieval ruins of the farm that belonged to Norwegian Guðrun Sjúrdardóttir, among locals known as the Dame of Húsavík.

14.00 - Sandur is the greatest populated village on the island. The name derives from the broad and sandy beach and only sand

dunes in the country. Amongst places to visit are the village museum Koytu as well as the art museum. In addition, it is possible to experience the archeological excavations which currently are examining the life of our ancestors.

15.00 – The bay of Søltuvík on the west side of the island. Follow the narrow road west over. Several shipwrecks are said to be in the bay, and from here it is possible to do a short walk to see the steep picturesque cliffs in which many birds nest.

16.30 – The ferry departs for Gamlarætt. Remember to line up in the queue in advance. Price is DKK 160 for the car and driver.

Remaining passengers DKK 45.

19.00 – Enjoy dinner in the cosy and historic atmosphere in Áarstova. The area used to be the centre for all trade in Tórshavn, or even the Faroe Islands. 2 of the most famous Faroese poets are born and raised there and it truly was the cultural center in the end of last

century. The original house is no longer there, however, the atmosphere is still living in the area.

Day 4 – The Northern Islands and North Eysturoy

10.00 – Drive north towards Gjógv. The distance from Tórshavn is 67 km. On the way make a stop at Áir and have a look at the old Whaling Station. Continue over the bridge that connects Streymoy with Eysturoy – it is said to be the only bridge over the North Atlantic – and continue to Gjógv via Eiði. On the way you will pass Slættaratindur (882m), which is the highest mountain in the Faroe Islands.

12.00 – Enjoy lunch at Gjáargarður guesthouse in Gjógv before exploring the small village, the beautiful vista in the natural built distinctive gorge.

14.00 - Drive towards Klaksvík in the Northern Islands. On the way it is worth noticing the changeable landscape. Coming from the more flat area around Tórshavn you

will see the high mountains and the rough nature in the Northern Islands. In addition, places of interest on the way are:

The village of Oyndarfjørður – the rocking stones

Leirvík – recent archeological excavation

15.00 – Coffee in the bakery ‘Hjá Jórun’ in Klaksvík

15.30 – City sightseeing in Klaksvík. Visit the natural area Úti í Grøv, the brewery or the Northern Museum. Alternatively, take your children to the swimming pool with especially good facilities for children.

17.00 - Go through the small and narrow tunnels to the village of Viðareiði. Make small photo stops in the several small villages you will pass on the way.

18.00 Have dinner in Klaksvík at Jacksons or Angus Steakhouse.

The drive back to Tórshavn is approximately 1½ hrs. Remember to pay the fee for using the subsea tunnel. You can do this at the Effe

station in Leirvík. The price is DKK 100.

Day 5 – Tórshavn & Kirkjubøur

Spent a quiet day of your holiday in Tórshavn and the surroundings. Why not start with a hike to Kirkjubøur over the mountain before lunch?

10.00 – Hike to Kirkjubøur. Follow the footpath and cairns to Kirkjubøur. The walk is about 7 km and takes approximately 2 hours. It is a suitable walk for everyone. In Kirkjubøur you can visit the imposing ruins of Saint Magnus Cathedral. You can also see the medieval church as well as Roystovan which is built in the period of the Gothic architecture.

Take the free city bus no. 5E back at 13.18 from Kirkjubø. Alternatively you can take the bus 5V to Kirkjubø at 09.34 and do the hike back to Tórshavn. This service runs Monday through Friday these hours.

13.30 -Lunch in one of several great restaurants in the heart of Tórshavn.

14.30 – Visit the old part of Tórshavn, Tinganes. Get a map of the area from the Tourist Information Centre with detailed information of Tinganes, or even book a tour guide to take you around.

16.00 – Walk through the pedestrian street, buy a special gift for the loved ones in the city centre or SMS the shopping centre.

7.00 PM – Try catch of the day (fish) or some other delicious dish at Barbara Fish House located in the famous street “Gongin”.

Day 6 – Suðuroy, the southern most island in the Faroe Islands

Because you need to take the ferry Smyril to Suðuroy and back this tour is specifically good Mondays, Fridays and Saturdays during the summer if you want to experience the island of Suðuroy. The ferry crossing is approximately 2 hours and it is also possible just to do the crossing and enjoy the magnificent view of the southern islands of Sandoy, Skúvoy, St. Dímun, L. Dímun and Suðuroy.

Departure from Tórshavn:
Monday: 8.30, Friday: 13.00
and Saturday: 7.00.
Remember to line up in the
queue with the car at least
½ hour before departure.
The system is run on a first
serve first go basis. You pay
the ferry on the way back.

When you arrive in Tvøroyri
travel north to Hvalba.
Hvalba is known for the
remnants of a large mining
operation in addition to the
area west to the village in
which you can see how the
west coast is made up of
sheer bird cliffs.

Southbound drive the
fastest way through the
tunnels, and when you are
bound north again from
Sumba use the old roads
over the mountains in
order to see the west side
of Suðuroy which faces
west towards the mighty
Atlantic Ocean. The scenery
is magnificent and unique.

Places of interest:

Tvøroyri: The old shop,
warehouse and sail loft
from the time of the Danish
trade monopoly which now
has been restored and are
used as an idyllic café/pub.

Froðba: About 1 hour's
walk north from Froðba
and Tvøroyri it is possible to
hike in the peaceful area of
Hvannahagi in which there is
a beautiful lake and
extraordinary view to the
north.

Fámjin: The only village in
Suðuroy that faces west.
The church houses the first
Faroese flag and it is
possible to see beautiful
sunsets during the summer.

Hov: The village has the
name from the time of the
Vikings. The name
corresponds to the altar
in which sacrifices were
made to the Nordic Gods.

Vágur: The main town in
the southern part of the
island. Visit the Ruth Smith
Art Gallery.

Sumba: The village where
the Faroese chain dance
has a particular stronghold.
Drive to Akraberg and see
the lighthouse on the
southernmost tip before
turning northwards again
following the old road over
the mountains.

Beinivørð – the mountain
formed as a long grass
slope, and you can see the
entire panoramic view of

the west side – combined
with the view of the fjords,
mountains and villages.

From Sumba the drive back
to Tvøroyri is about half
hour.

Departure from Tvøroyri:
Monday: 18.30, Friday:
21.00 and Saturday: 18.30.
Remember to line up in the
queue with the car at least
½ hour before departure.
The system is run on a first
serve first go basis. You pay
the ferry on the way back.

On the ferry Smyril it is
possible to enjoy a light
dinner on the way back to
Tórshavn.

Day 7 – Vestmanna Birdcliffs & Tinganes – the old part of Tórshavn

After breakfast at your
hotel drive up north again
this time to Vestmanna.
The drive to Vestmanna is
approximately 40 minutes,
and again it is
recommended to take the
mountain road this time on
the way back to Tórshavn.
The scenery changes a lot,
so it might already be
different from yesterday's
drive.

10.00 – Vestmanna Birdcliffs. You will be taken through narrow sounds, into deep grottoes, carved by the surf through ages, and close to the over 1500 feet high-rise cliffs where thousands of seabirds are nesting. The price is DKK 295 for adults and DKK 165 for children aged 6-13. You have to book the tour in advance. Please contact the Visit Tórshavn for booking. The boat tour has duration of 2 hours approximately.

12.00 – Enjoy lunch in Restaurant Fjørúkrógvin in Vestmanna Tourist Centre which serves a variety of dishes created with Faroese ingredients, including fish and lamb. During summer the restaurant runs a lunch buffet where you can taste Faroese specialties. You can eat when you return from the morning tour or alternatively before the tour at 14:00 hours if you want to do the afternoon tour.

16.00 - Visit the old part of Tórshavn, Tinganes. Get a map of the area from the Tourist Information Centre with detailed information of Tinganes, or even book a

tour guide to take you around.

18.00 –Try the delicious seafood buffet at Restaurant Hafnia.

Tuesdays June – August

Price DKK 495.



Book your day tour at Visit Tórshavn !

Visit Tórshavn

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